# Autism & COVID-19

Updates from the U.S. Department of Labor's Office of Disability Employment Policy

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# What Do We Do?

- Develop and influence policies that increase the number and quality of
  - employment opportunities for
  - people with disabilities



Office of Disability Employment Policy

# **Current Priorities**

- Ensure a disability-inclusive COVID response and recovery
  - "Recover Into Inclusion"
- Promote racial and social equity in disability policy and programs
- Support workers with <u>mental health</u> conditions and promote mental health-friendly workplace policies and practices
- Expand opportunities for training and employment in <u>clean/green</u> energy and other high-growth industries
- Help <u>youth with disabilities</u> prepare for and succeed in employment in the post-pandemic era



#### **Ensuring an Inclusive Response & Recovery**

- Assisting workers with disabilities who have lost jobs
- Ensuring workers with disabilities have access to needed accommodations and supports
  - Including those experiencing Long COVID
- Helping employers and workers understand the intersection between safety and health guidelines and the ADA
- Promoting best practices for workplace mental health
- Educating about accessible telework



## An Inclusive Recovery: Tools to Assist from JAN



#### AskJAN.org

- Wide range of resources on pandemic-related topics:
  - -Stress and mental health conditions, such as:
  - -Requesting accommodations
  - -Masks in the workplace
  - -Telework
  - -Long COVID
- One-on-one assistance with individual situations



# **Response & Recovery: "Long COVID"**

- Between 10 and 30% experience ongoing symptoms
- May be covered by ADA and other laws (and thus entitled to accommodations)
- JAN can help!



AskJAN.org



## An Inclusive Recovery: Tools to Assist from EARN



AskEARN.org



COVID-19 and Job Applicants and Employees with Disabilities: Emerging Practices to Employ and Protect Workers



Adopting an Integrated Telework Policy for Employees With and Without Disabilities



## Mental Health Toolkit







Driving Change 🛨 Creating Opportunity

#### **Autism-Specific Resources**

- JAN (AskJAN.org)
  - -Common accommodations
  - -Interviewing tips
- EARN (AskEARN.org)
  - -Neurodiversity in the Workplace
- Autism@Work Roundtable (DisabilityIn.org)



# **Questions?**

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